

*Announcing a
one-year home study course
mostly on-line with a one-week meeting session*

The International Harp Therapy Program

with
JUDITH HITT
DR. RICHARD MCQUELLON
BARBARA CROWE
CHRISTINA TOURIN
and
Adjunct Faculty



**Become A Certified Therapeutic Harp Practitioner
I.H.T.P.**

**The Program Emphasizing Music Development,
Resonance and Interactive Empowerment**

“Our goal - a harp player for every hospital and hospice by 2020!”

*A Specialized Program Offering
You a Unique Opportunity to
Learn Skills to use the harp for
Health
Comfort
Relaxation
Restoration*



INTRODUCTION

For centuries, the beneficial relationship between music and healing has been well established. We now have substantial documentation of the responsiveness to and appreciation for music by peoples of all ages and cultures. Music played on the harp has several unique healing properties. The resonance from the strings, including the range of pitch and tonal color, sets up an important relationship between the sound and the listener. Historically, the harp has been a symbol of relief and comfort. It is one of the most characteristic instruments of a timeless healing tradition. In ancient times, harpers had three properties, or “strains” used in their music, each property having a different effect. The harper played the “sleep strain,” which lulled people to sleep, or the “sorrow strain” which caused people to weep, and the “joy strain” which caused people to laugh.

These three harp strains are still the property of harp music today - music that can lull us into a restful state, bring tears of beauty to our eyes, or enliven us and set the foot tapping. With these three strains, harp music affects us: it pours comfort, calm, and rest into the soul laden with cares, burdens, and anxieties, giving it rest with the sleep strain; it reaches into the depths of sorrows and grief, of loneliness and bereavement, releasing the angst with the sorrow strain; it reconnects those who are lost, stressed and humorless bringing the vitality of life with the joy strain. The playing of the harp confers a special privilege upon all harpers the ability to unlock the doors of the soul.

Practitioner graduates of the International Harp Therapy Program use the small harp as a bedside instrument with the intention of supporting the goal of healing. This goal may be emotional, physical, mental or spiritual in nature. The soothing sounds of the harp not only can enhance the quality of life, but create the possibility of interactive work in which the listener might play the harp. Working with the therapeutic harp is as varied as our clients.



PEOPLE OF ALL AGES BENEFIT FROM THE THERAPEUTIC HARP

Children in hospital settings, and with other special needs such as developmental disabilities, respond well to the harp. Evidence of a range of healthy outcomes have been recorded. They include appropriate excitement, joy, empowerment, as well as relaxation.



In the Corporate structure, harps have been utilized as part of a stress management program. The results are a “time out” refreshment and centering for employees. Increased concentration and motivation have been reported.

During childbirth, harp music helps to create an atmosphere of love and safety, with the possibility of supporting the rhythm of the mother’s breathing.

Interactive work, touching and even learning to play the harp, increases the recipient’s physical coordination and concentration. The benefit of a shared activity can also be important.

For people in Intensive Care Units and in Operating Rooms, monitors

show that the heart rate decreases and the oxygenation levels increase when soothing harp music is played. Harp music provides sound for focus other than the humming and beeping of hospital machines.

In Hospices, transitional stages are often an area where the harp music can be very supportive. The sounds of the harp comfort and soothe the patient who may be in pain or experiencing fear or anxiety. Recent research by the IHTP revealed that 84% of 200 patients experienced relief of anxiety, 71% experienced easier breathing, 70% experienced decrease of fear and 63% found that their pain was lessened while harp therapy was being administered. The families of these loved ones also benefit from the reprieve and calming influence of the therapeutic harp.

People who suffer from Alzheimer’s disease often access memory through songs from their past.



THE INTERNATIONAL HARP THERAPY TRAINING PROGRAM

The International Harp Therapy Program trains practitioners to provide harp music in both hospitals and hospices. In addition, students come to the program to gain improvisational and compositional lessons that elevate their personal playing skills. Many students find that the program has offered them personal therapy work. Progressing forth after 15 years of excellence, you'll be introduced to the original teachings of Resonant Kinesiology.

Our students are trained extensively in the meditative process - that of Inclusive Attention, the underlying concept of the Resonant Kinesiology program developed by Susan Borg. In Inclusive Attention we always ask, "What is willing to meet me here?" The art of fine tuning and listening and not making assumptions - of learning to "follow" - both in attention and sound vibrations if it is so indicated. We study many forms of observance techniques including speech, use of language, eye movements (NLP), and body language. We learn to still ourselves to let the desires, wishes, and hidden messages from the people around us emerge. It is then with our extensive training in musical repertoire, various modes that represent different moods and that create a *Cradle of Sound* based on an individual's own resonance tone, that we explore gently until we have reached that point of comfort, relaxation or revitalization (whichever case is appropriate). Our work is not prescriptive - there is no one way that will work for a given situation yet, we train many skills so that ultimately, the harp practitioner can draw upon many tools and components to co-create an individualized experience with the other person. Students coming to the program quickly find out that there is much to this work of an esoteric, intuitive nature, rather than just "playing songs". For some, it is a challenge to their own beliefs and pre-conceived ideas of why they are doing this work.

Through extensive readings, students are introduced to a theme in caregiving and using sound vibrations through music. In addition, our professors bring tremendous knowledge and expertise from their respective fields yet, they all are proponents of flexibility and "meeting the patient".

The International Harp Therapy Program is based in San Diego and collaborates with San Diego

Hospice. With the support of this leading teaching/ research hospice throughout the world, we have collected data to investigate the healing benefits of harp music. The San Diego Hospice is also the national training center for Aromatherapy and Oriental medicine with hospice patients. Students may also practice at the Mary Birch Hospital for Women and Sharp Coronado Hospital, and Planetree affiliate hospitals worldwide. We are also excited to announce the collaboration with the Music Therapy Department at Arizona State University. Credit for our program may be applied toward a Music Therapy Degree at ASU.

IHTP offers training in Japan (Asia) , Great Britain, Canada, Europe and soon, Australia.

Classes in Psychology, Neural Linguistic Programming, Hospital Etiquette and Procedures, the Dying Process, Alexander Technique, Reiki, Intro to Music Therapy, Music for Children with Autism or Cerebral Palsy, Alzheimer's Disease, Sound Acoustics, Inclusive Attention, Unveiling of an Individual's Resonance Tone and Music Development both in Repertoire and Improvisation are covered in this year long course. Classes will be held on-line beginning 2010 with a one-week attendance Module that we will bring to your vicinity. Study, practicing and reading are done at home. Practicums may be done in the students own locale or for a prestigious practicum experience, one may train at the San Diego Hospice, and the area hospitals in San Diego. Certificates and Letters of Introduction for job opportunities will be provided



An evening sunset on the beach in San Diego with some of the students from Year 1997.

There are many exciting places to visit as part of your study/ travel program. In addition to valuable knowledge and a new momentum in your playing skills, life-long friends are made.

Every two years, all the classes come to together to renew these friendships and gain more valuable information at our Int'l Harp Therapy Conferences.

Information You'll Want to Know About the Training Program

PROGRAM REQUIREMENTS

The International Harp Therapy Program is a non-residential, one-year course that requires you to participate in on-line classes and a 7 day attendance "Module". These Modules consist of both classroom sessions and skills practice in professional settings. An independent study Module of 80 hours work experiences under an approved supervisor in your own locale and with your IHTP mentor can also be done in San Diego. As part of your personal mentoring between Modules, there will be homework assignments in music development, 2 papers, assigned readings and practicum logs.

TUITION & APPLICATION FEE

The tuition for the Program is \$2,500.00 (US). A non-refundable deposit of \$200.00 is required after acceptance of your enrollment application. This fee provides mentorship while you prepare for the program. A non-refundable application fee of \$25.00 is due with your application. Books and teaching videos are not included in the tuition cost. Incremental payments of the remaining tuition will be due prior to the on-line classes and the attendance module with a \$500.00 non-refundable fee.

NOTE: Tuition does not include room and board, nor travel expenses for Module 2 or Beginner's SKYPE harp lessons to prepare for the course. It does include the supervisor and mentor's fees once accepted.

For the reading list and required DVD lesson study, please go to:

Harprealm.com and click on Reading List



Your expenses for rooming will be approximately \$500.00 (based on double or triple occupancy) per person for the 7 day attendance Module that will come to your vicinity. Participants are housed in variety of settings depending on the area we are located. Plan on extra for your food requirements. Usually, accommodations are offered with kitchen facilities.

GOAL OF THE TRAINING

The goal of this training is to help you develop skills in Inclusive Attention (Intuitive Perception), Resonant Kinesiology, extensive Music Development, and a better understanding of medical environments. In addition, this program introduces the student to a variety of paths in which music may be used in health-related areas.

NOTE: This Program is designed to augment, not replace, traditional medical and therapeutic training.

CERTIFICATE OF COMPLETION

Upon successful completion and the approval of the Instructors and your IHTP Mentor of the International Harp Therapy Program, you will be issued a Certificate of Completion acknowledging that you have acquired the essential skills needed to offer music in health-related areas. In addition, if you choose to do your practicum training at the San Diego Hospice, you will receive a Certificate and Letter of Introduction from the Hospice. You will also be recognized as graduate of the IHTP who is accredited by the National Standards Board for Therapeutic Musicians.

INT'L HARP THERAPY CONFERENCE

PROFESSIONAL DEVELOPMENT GATHERINGS

WORLD HARP ORCHESTRA

Every two years, the Professional Development Gathering (PDG) - Harp Therapy Conference is held offering new research, workshops, and lectures by leading pioneers in music healing. Graduates of the program renew informational skills and learn new developments in the fast growing field of Sound and Healing. It is expected that graduates will attend the PDG's to obtain their required CEU's and remain on our active referral list by the Int'l Harp Therapy Program. We now have gone to regional gatherings and there are alternative ways to gather your CEUs. 20 CEUs are required every two years totalling 40 every 4 years as recommended by the National Standards Board of Therapeutic Musicians of which the IHTP is an accredited member. All foreign affiliated IHTP classes are also accredited by the NSBTM.

COURSE OF STUDY

IHTP 01 Music Development (and information on the HOME STUDY) - Christina Tourin

The course title: Music Development refers to repertoire development, modal improvisation (as bridges to transitioning between the moods of songs), philosophy and scientific research on how sound affects the body, and exposure to technological aids for music enhancement.

Music Development in the Int'l Harp Therapy Program combines three elements - a) that of expanding repertoire, b) understanding and utilizing sound frequencies and c) learning how to improvise using the mode system. The book and DVD series, Creative Harping - Modes for Moods is required study for graduation. These 10 beautiful teaching on DVDs/videos take you on a progressive journey of easy learning while you also enjoy nature scenery. Three camera angles provide close-up hand views showing technique, improvisational patterns, and exercises. Christina has developed her own instructional method which challenges beginners, intermediate and advanced players. You can play along with DVDs/videos. These lessons are valuable for people who want to get a head start on music development before they enroll in the course - or for just learning how to play the harp!

HOME STUDY - begin studying the 10 DVDs/videos to prepare for the Program (or for deepening your musical skills if you are unable to travel to take the program). Each lesson takes about one month to complete. Accepted students of the IHTP submit recordings of each lesson and receive an evaluation of their work that enters into their final portfolio. In order to complete the program, you will be expected to play one repertoire piece and one improvisation (at your own level) in a soft flowing manner from each video lesson. For more information on DVDs/videos, go to <http://harprealm.com>

MODULE 1

IHTP 02 Understanding the Client in the Helping Process - Dr. Richard McQuellon, prof. of counseling & psychology

This workshop presents a holistic model for understanding the dynamics of client behavior within a helping process. Non-verbal communication; understanding language patterns; significance of family context; and utilization of memory, fantasies and dreams will all be used as a means of understanding client behavior in order to support change. Introduction to Neural Linguistic Programming is introduced.

IHTP 03 Soul Listening - Adjunct Faculty

This will be a time for personal reflection and integration of the four great questions: Who am I? What do I love? How shall I live knowing I will die? What are my gifts for the family of Earth? This workshop will include rituals that will deepen our experience together.

IHTP 04 Alexander Technique Jacqui Bell - AmSAT certified instructor - Alexander Technique

Our body is our instrument. We are our own instrument. Just as we need to learn how to use our musical instrument correctly, we also need to learn to use the instrument of our body correctly so that we can in turn use it to play our musical instrument. The Alexander Technique also emphasizes restoring the natural patterns of using the body, getting out of the way, and getting rid of the chronic tensions which interfere with free functioning. The more those chronic tensions are out of the way, the easier one's intention can flow through the body into the musical instrument.

IHTP 05 Hospital Etiquette, and Self-Care -Judith Hitt

Judith will lead us in self-care techniques and familiarize us with hospital procedures and common reactions to medicines. She will connect the mainstream medical procedures to alternative methods of healing.

For further descriptions of Module 1 course offerings and instructors in our training centers worldwide, please visit our website.



MODULE 2

IHTP 06 Inclusive Attention Workshop - Judith Hitt, RN, Reiki Instructor and Resonant Kinesiology Instructor

Attention by itself is a powerful form of resonance. Inclusive attention is the process of stilling and centering oneself to become aware of both one's own experience and that of the person you are with. Inclusive attention is a meditative state that is multi-dimensional and non-linear. Practice inclusive attention with touch, movement and sound. Release expectation and open to the unexpected.

IHTP 07 Living Anatomy Workshop - Judith Hitt

Living Anatomy offers inspiring workshops that introduce the methods and fundamentals of Resonant Kinesiology. Resonant Kinesiology (RK) is a form of educational bodywork using touch, movement and sound. Resonance is response to vibration and Kinesiology is the study of movement. Learn anatomy from the inside out exploring your body experientially rather than academically. By experiencing the knowledge of your own body, you gain a deeper, more flexible sense of knowing than by memorizing a set of rules and facts. Learn through using mindful touch, movement and sound with yourself and others.

IHTP 08 Introduction to Reiki - Judith Hitt

Reiki is the Japanese word for Universal Life Force Energy. *Rei* meaning universal, mysterious power, essence and *Ki* is the vital life force energy. Everyone has Reiki energy, what makes Reiki different from other healing methods is the attunement process. Anyone can lay their hands on another person and help accelerate the healing process by transferring magnetic energy however a person who has been through the process of Reiki attunements has experienced a very ancient technology for fine tuning the physical and etheric bodies to a higher vibratory level. In addition, certain of the energy centers, also known as chakras, are opened to enable higher amounts of Universal Life Force Energy to flow through. Reiki is not a religion, as it holds no creed or doctrine. It is a very ancient science hidden for thousands of years until it was rediscovered in the Tibetan Sutras. Researchers at Stanford, using highly sensitive instruments, which measure the flow of energy forces entering the body, determined that Reiki energy enters the healer through the top of the head and exits through the hands. The evidence to date shows very clearly that there is a plasmatic streaming - a release of energy through the bodily system - when blocks are released. Reiki is a wonderful tool to help one develop conscious awareness.

IHTP 09 On Death and Dying - Judith Hitt, Local Hospice or San Diego Hospice

This workshop will give us insights to what happens when the body stops functioning and what to expect when we may be helping patients and their families during the time of transition. Richard will discuss multi-cultural views of the dying process and provide valuable information on "attending" patients and families in the dying process.

MODULE 3

IHTP 10 Music Therapy in Mental Health Services - Presentations on working with Autistic Children and Children with Cerebral Palsy *Barbara Crowe, music therapy director, Arizona State University*

The benefits gained from music therapy may fall into broad categories, as widely divergent as developmental, interpersonal, and emotional. For example, some of the therapeutic aims for a person with a handicap may be along primarily developmental lines: to assist physical co-ordination, to develop listening and turn-taking skills, or to extend the span of concentration. Music often provides the motivation for people to participate in a shared activity. They may develop a greater awareness of themselves in relationship to others; interpersonal skills are enhanced and self-esteem is increased. For a person whose difficulties are mainly emotional, music therapy provides a safe setting where "difficult" or repressed feelings can be expressed. The therapist's musical support encourages emotional release and self-acceptance. Barbara will discuss the role of a music therapist in relation to our role as Certified Harp Practitioners. Many students have pursued a career in Music Therapy as a result of this overview Introduction.

IHTP 11 The Scientific Aspects of Sound Vibrations - Acoustics *Barbara Crowe, Director, Music Therapy Dept. ASU,*

This workshop covers the scientific research on sound vibrations and new developments in vibro-acoustics. Barbara Crowe offers a dynamic presentation on how sound is perceived by the ear and new developments on how piezoelectric impulses impact the human body.

IHTP 12 - Marketing and Music Coordinator Skills

Students will acquire basic business tools including: writing of proposals, invoicing, interview techniques, marketing, networking and employment strategies that are needed to support the successful practice of a harp practitioner. Our program offers an additional skill of Music Coordinator. A hospital can be assured that our students are able to work with a multitude of volunteer musicians and where to best place them throughout the healing environment, with the integrative therapies i.e. music with chaplaincy, music with aromatherapy, music with therapeutic touch, music with guided imagery etc. and with the music therapist. Harp practitioners having been taught by music therapists understand the differences in the field and can help identify patient needs.

PRACTICUM STUDY MODULE

Independent Study with approved mentor

Each student will complete 80 hours of practicum experience under the direction of an approved mentor. This training may be in specialized areas such as neo-natal, rehabilitation units, stress reduction clinics in businesses, etc. (or some cases, further harp study). The modules open many new avenues for the musician to explore. This is the opportunity to fine tune skills and knowledge. A prestigious opportunity for your practicum with the San Diego Hospice, Scripps Mercy Hospital and The Mary Birch Hospital for Women is available for those students who have the flexibility to live in San Diego for a minimum of 2 weeks. Affordable housing available.

INSTRUCTORS



JUDITH HITT - RN and RK Instructor

Judith received her B.S. in nursing from State Univ. in New York. She studied cello at the New England Conservatory of Music. She is a certified Resonant Kinesiologist and has taught with Susan Gallagher Borg for many years. As a musician and recording artist, Judith has integrated her music and healing background to create a unique synthesis of sound and healing. Her work with stroke survivors has been featured in Jonathan Goldmans' book, *Healing Sounds*.

CHRISTINA TOURIN - Director Int'l Harp Therapy Program

Christina is a second generation harpist, who began playing harp at the age of four. She received Music and Education degrees from the University of Vermont and also studied harp at the Mozarteum in Salzburg, Austria and at McGill University in Montreal. As an International recording artist, she has performed extensively in Symphony orchestras, on radio and television.. She is an active workshop organizer and has been instrumental in the revival of the folk harp since the early 1970's. In 1982 she founded the Scottish Harp Society of America. Healing with Sound, working in hospitals and hospices, composing, teaching, and writing round out her full life.



RICHARD McQUELLON - Director of the Psychosocial Oncology and Cancer Patient Support Programs at Wake Forest University/Baptist Medical Center

He is Associate Professor in the Department of Medicine, Section of Hematology and Oncology. He has a B.S. in Psychology from the University of Washington and a PhD in Counseling Psychology from Michigan State University. His research and publications are in the area of quality of life in cancer, interpersonal communication, and depression in chronic illness. He has taught graduate courses at Michigan State and Wake Forest Universities and consulted in London, Ireland and throughout the US on effective communication skills and quality of life research. His daily clinical work is centered around conversation with cancer patients and their family members.

JACQUE BELL - AmSAT certified instructor - Alexander Technique

Jacque Lynn Bell is a dancer, choreographer and an AmSAT certified instructor of the Alexander Technique. She began teaching the Alexander Technique after graduation from New York City's American Center for the Alexander Technique in 1993. Ms. Bell has taught at the Soho Center for the Alexander Technique in New York City where she lived, choreographed and performed from 1982-1998 intermittently. She has developed the Alexander Technique program, based on the Julliard model, for the Actor Training Program in the Department of Theatre at the University of Utah in Salt Lake City, Utah. Her teaching, performing, and choreography have taken her throughout the world including presentations in the United States, Canada, Europe, Japan, and the Philippines.



BARBARA CROWE - Director, Music Therapy Dept. Arizona State University

Professor Barbara Crowe has served as the Director of Music Therapy at Arizona State University since 1981 having held a similar position at Indiana University-Purdue University at Fort Wayne from 1977-1981. She holds a Bachelor's degree (1973) and Master's degree (1977) in music therapy from Michigan State University and completed her clinical internship at Ypsilanti State Hospital in Michigan. Her clinical experience in music therapy includes work with emotionally disturbed adolescents at the University of Michigan Neuropsychiatric Institute, trainably mentally retarded adolescents at the Beekman School in Lansing, Michigan, and as a consultant in music therapy in geriatric care in Fort Wayne, Indiana and Phoenix, Arizona. Professor Crowe's research interests include the historical antecedents of modern music therapy and the theoretical foundations of music therapy practice. As an author of many articles and contributor to books, her book, *Music a Soulmaking: Toward a New Theory and Philosophy of Music Therapy*² required text for IHTP is available from Scarecrow Press.

Refer to our website for bios of our adjunct faculty and for our programs held worldwide.

Requirements for the Int'l Harp Therapy Program

The following are requirements for completion of the International Harp Therapy Program:

1. You will be required to show proficiency in repertoire including at least a minimum of three melody tunes in each of the 11 categories (basic tune w/o left hand is acceptable). Additionally, you will be required to learn 6 specific pieces which have proven effective for healing situations.
2. Students are expected to arrive for the beginning class and stay through until the class ends - both on-line classes and the attendance Module 2. Consideration to flying schedules have been taken into account so that there is a week end day before and after the module for transportation for Module 2. On-line requirements will be forthcoming.
3. You will be required to show an ability to improvise with left hand patterns, right hand patterns and simple modulations between modes and tunes. This will be done through means of a recording after DVD/video study.
4. You are required to submit before entrance into the next module, a 2-3 page, double-spaced typewritten paper outlining how the information learned can aid you in your own work. The papers are due after each module.
5. An exit recording of 3 tunes from the 11 categories of music (right hand only is acceptable).
6. One paragraph book reviews on seven required books and five books of your choice taken from the IHTP reading list or books of similar quality toward the area of your interest. The paragraph should state how this book will be of help to you as a Therapeutic Harp Practitioner. For forms - go to the GETTING STARTED page.
7. Practicum Portfolio includes time log, mentor's report and 80 hours practicum in area of interest project after Module 2 and approval by your mentor. You will complete two portfolios -one for our office and the other for you.
8. Students will receive written evaluations and necessary counseling after each module by instructors/mentors. Some students may be advised that their capabilities might best be used in other areas other than those IHTP focuses upon. IHTP holds the right to dismiss students when deemed necessary. If this occurs, unused tuition will be returned.
9. Students will obtain their own liability insurance upon graduation. Information on obtaining insurance can be found on the Practitioner page at Harprealm.com

Requirement for continued recognition as a Practitioner of Harp Therapy with the IHTP

10. Graduates are required to attend the Bi-Annual Professional Development Gathering. These conferences meet the CEU requirements of the Nat'l Standards Board of Therapeutic Musicians. For 2011 and 2013, we are setting up regional conferences in various parts of the country and world. If you are unable to attend, alternative ways of getting CEUs are on our Download page under Practitioners at Harprealm.com. Our on-line directory indicates PDG attendances (or equivalent CEUs) for graduates.

Note: It is understood that demands upon our lives can be overwhelming. Please do not let the above requirements keep you from completing the program (it may take more than one year). Some things can be negotiated to meet an individual's circumstances, use the Mentor as your counselor in these instances. The purpose of these requirements are to help you become the best you can be for your future work as a CTHP - certified therapeutic harp practitioner. (CTHP - title awarded to those students who have graduated from the IHTP.) Unused tuition payment will be forfeited after 3 years of acceptance.

Comments from the Students of the Int'l Harp Therapy Program

"I just took time to read in depth your newsletter and your course program. You really have made a grand contribution to the field. I wish I had known your work when I was writing my books." D. Campbell - CO

"First of all I feel fortunate to have met so many harpists with such diverse backgrounds who all came to the program willing to learn, experiment and share their knowledge with the group. I feel I've made friends for life. The most important thing the program has done for me is to give me musical freedom. I've dabbled in improvisation from time to time and theoretically "know how to do it" and even teach basic techniques to my students but I've been afraid to let go and incorporate it into my playing. Well, just those two simple ideas of letting the left hand lead and thinking modally have opened a new world to me. I'm no longer a "livingroom improviser". I now, with little fear, let loose and improvise bridges between songs, make up my own melodic variations on a chord progression and take off on my own free form flight in the middle of a piece, all things I just wished I could do one year ago. It makes my jobs even more fun because I can make my basic repertoire a musical adventure. I thank you for opening my eyes to this and helping me discover the free musician inside me." MC

"Bonding with a most wonderful and unique group of talented individuals. Learning the improvisation for the harp - letting go of ideas that there are "wrong" notes - all notes are vibration and perfect - one string tone contains all the sounds/pitches - freeing my mind from old stereotypes - learning how to find a person's resonant tone."

"I want to thank you again for following the direction you've taken with IHTP. And I want you to know what personal healing and blessings that continually come in ways not associated with the harp from your teachings.Again, thank you for continuing to share your healing work. It is being passed on daily- one by one in a variety of ways." B.F. FL

"(IHTP) Has set me on a new life course." "The concrete information of science and sound and applications of Music Therapy is just what I wanted and needed!"

"I am recovering from the jet leg and energy rush of the week, all I can say is WOW, WOW, WOW.... This was a mountaintop experience. I cannot begin to thank you enough!" S.S. OH

"A big, warm thank you for such a fabulous week. I thoroughly enjoyed the entire experience and especially the wonderful speakers. Thank you, thank you." T.B. MN

"Learning the concept of left-hand patterns and playing the R.H. tones - very freeing. Learning to "read" people and deal with some of my own personal issues." C.W.

"Hospice - Playing in patient rooms was more intense than any of my previous experiences since I had been awoken and felt so much more energy being spent in connecting. Inclusive Attention - profound awareness of how we can think of ourself and be aware of a person near or not near to us. The gentle meditations and unlocking questions of "curiosity" and "what if's" were gifts." M.J.

"I am wondering how to thank you adequately for the amazing 10 days I have just spent in San Diego. I have received a lifetime of inspiration and experience in that brief time we spent together - I will remember it for the rest of my life. I know that this is just the beginning of a new life unfolding. Thanks too, for bringing us all together - such an amazing group of students and teachers, each person inspirational in their own way. J.D. UK

"It is one of my observations about the way you work hard and continue to present IHTP in a generous, magnanimous way. That's not flattery, it is just fact..... What I wanted from the course was "assimilation" Well, it's happening! So many doors are opening, doors in my head as well as doors of opportunity. It is impossible to walk away from the course work and just forget it. That shows wisdom and depth on your part, as well as a deep respect for the students." M.W. MI

"THE STUDENTS and TEACHERS!"

Comments about the Music Development DVD/Video Series (available to everyone!)

"I am fortunate to be able to study the videos before I am able to take the program. I have learned so much just about harp playing. "



"I am enjoying the video and books very much. They are by far the best I have seen. " N.B.

"I've been playing every day with the videos, and although I am a complete beginner it is easy to progress with the program you've designed." R.M. PA

"Christina has certainly found a void in the harp world and is doing a great job filling it with her knowledge and experience." A. L. ONT

"My soul was transported across the top of cherry trees in Japan and Yellow Mtn in China when I watched the new video. I just want to enjoy the delicious auditory and visual cousin. G L. OR

"Thank you for the beautiful photography on the Creative Harping videos! Each time I receive a new video I think "Oh, I like this one the best!" From the exquisite nature scenes, to the very best teaching photography there is for harp, this work is superb. The contrast and angles in the harp playing shots are the most helpful I have seen anywhere." M.W.

"Thank you for the evaluations after each of the video studies. They have helped me to really apply myself to the lesson at hand. I can't believe I'm playing without music!! C.M.

Enrollment Application International Harp Therapy Program

International Harp Therapy Program
PO Box 333, Mt. Laguna, CA 91948
Tel: 619-473-0008/619-473-9010
Fax: 619-473-1233
E-mail: HarpRealm@aol.com
Website: <http://harprealm.com>

Admissions Dept.
Date Received: _____

PERSONAL INFORMATION

Please send a recording answering the question in your own words, conversationally:

“Why I want to become a Certified Harp Practitioner”

On the recording include a sample of your harp playing. The quality of the recording does not need to be professionally mastered.

Answer the questions below in written form.

1. What attracts you to the International Harp Therapy Program?
2. What are your educational degrees and professional training?
3. Describe your personal journey of spiritual self-discovery and healing. Highlight the significant events.
4. What kind of experience do you have working in health-related fields or with the harp?
5. Describe your work experience.
6. How long have you played the harp?
7. How do you plan to use the skills from the International Harp Therapy Program to achieve your personal and professional goals?

I am applying for enrollment in the International Harp Therapy Program

Name: _____

Date of Birth:(opt) _____

Address: _____

City/State/Province: _____

Zip/Postal Code: _____ Country: _____

Day Phone: _____

Night Phone: _____

Email: _____

Profession: _____

Enclosed is a \$25.00 Application fee to hold a place for me in the course. If accepted, I agree to pay \$200.00 U.S. prior to starting the program Sept. 2010 to engage my mentor to review my DVD lessons/reports. The balance, \$2300.00 will be due in payments beginning 6/1/2010. I agree to remain active or forfeit paid tuition after 3 years.

Checks payable to: Int'l Harp Therapy Program

I am paying by: Check Money Order
Visa MasterCard

Card # _____ Exp. Date _____

The amount I would like to pay at this time is: __\$25.00__

Student Signature

Date

By signing this application, I acknowledge that I am familiar with the policies of the International Harp Therapy Program and the program requirements for this course, as set forth herein. I will allow photos and/or videos taken by IHTP staff to be used as promotional or teaching materials that might be taken during the course. Unused payment tuition will be forfeited after 3 years of acceptance to the program. (initials _____)

